

West Wichita Family Physicians **DIABETES CLASS**

Spring 2017

Facilitated by Michelle Weber RN,CDE & Gretchen Strathe RD,LD,CDE

Certified Diabetes Educators

Our mission is to provide a comprehensive diabetes self management program with current and accurate information. We understand the importance of empowering people with diabetes in order for them to better manage their disease and live healthy.

Course Schedule

Class 1

Diabetes & Monitoring

Diabetes Treatments

Class 2

Basic Nutrition & Exercise

Complications with Diabetes

Coping Skills

Class 3

Part II Nutrition

Goal Setting

“The class has helped me to better understand diabetes and given me more confidence in making better choices. I feel empowered with the knowledge I have gained from this class.”

- WWFP patient



Cure • Care • Commitment™

*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education.



You are encouraged to check with your insurance regarding coverage (CPT Code G0109).

Daytime or
Saturday classes
are scheduled on
an ongoing basis.

Contact
Michelle Weber at
316-491-6393
for more information
and to sign up.