



## EGD INSTRUCTIONS

Procedure Date: \_\_\_\_\_

Check-in at: \_\_\_\_\_

Physician: \_\_\_\_\_

**\*\*Do NOT use time listed on Patient Portal.**

\*\* Notify your prescribing Physician if you are taking Coumadin, Effient, Pradaxa, Aspirin, or any anti-inflammatory medication (such as Advil, Aleve, Ibuprofen, Mobic, Celebrex, etc) for approval to stop 4-5 days prior to your procedure.

\*\* Notify your prescribing Physician if you are taking Aggrenox, Persantine, Pletal, Ticlid, or Plavix for approval to stop 10 days prior to your procedure.

\*\* Notify your prescribing Physician if you are taking Eliquis or Xarelto for approval to stop 2 days prior to your procedure.

\*\* Stop Phentermine or Qysmia for 2 weeks prior to your procedure.

\*\* Stop all herbal supplements 2 weeks prior to your procedure.

\*\* Please contact the surgery center if you are taking any GLP-1 Receptor Antagonist medications such as Adlyxin, Bydureon, Byetta, Mounjaro, Ozempic, Rybelsus, Saxenda, Tanzeum, Trulicity, Victoza, or Wegovy.

- **Do NOT eat or drink after midnight the night before your scheduled procedure.**

### DAY OF PROCEDURE:

- Do NOT eat or drink anything unless otherwise instructed.
- You may take prescription blood pressure, heart, or asthma medications with a small amount of water if you routinely take them in the morning. Consult the surgery center staff regarding any other medications.
- If you are diabetic, do not take your diabetes medications until after the procedure when you have resumed your normal diet.
- Women under age 55 will be required to give a urine specimen.

### **Bring with you:**

- **Someone to drive you home.** You will be given sedation during the procedure. You will **NOT** be allowed to leave unaccompanied and **CANNOT** take public transportation, cab, Uber, Lyft, etc.
- Insurance cards, driver's license/photo ID, and a list of your medications.

Contact WWSC at 316-491-6300 if you have any questions.